



David Paul Eck, M.A., LMHC
Licensed Mental Health Counselor
www.davidpauleck.com

46302 Mount Si Road North Bend, Washington 98045
office: 425.888.1457 email: davidpauleck@comcast.net

Intake Summary Form

Referral from: _____
Date: _____
Name: _____
Address: _____
City, State, Zip Code: _____
May I contact you? Y N Using text messaging? Y N
Home Phone: _____ Work: _____
Mobile: _____ Email: _____
Preferred means of Contact: _____

Place of Birth _____ How long in current address? _____
Married _____ Single _____ Divorced _____ Widowed _____
How long? _____
Partner's name _____
Your age _____ Age of Partner/ Spouse _____ Age of Parents F _____ M _____
Your education _____

Occupation _____
Spouses Occupation _____

Children:

Name _____ age _____ school _____
Name _____ age _____ school _____
Name _____ age _____ school _____

Siblings:

Name _____ age _____
Name _____ age _____
Name _____ age _____
Name _____ age _____

Seen a counselor before? When? _____
Did it help? Why or why not? _____

Why are you coming now? _____

What would you like the goal of counseling to be?

What might get in the way or sabotage the process of getting to that goal?

Physical Function

Any Psychiatric hospitalizations? _____
Are you taking any medications? _____

Do you drink alcohol or take street drugs? How Much? How often?

When was your last full medical exam?

How is your physical health?

Eating _____

Sleep _____

Dreams _____

Energy Level _____

Sexual activity _____

Social Relations and Activities

Any difficulties in parental role?

Any difficulties with other people, such as feelings of isolation, discomfort with people, or difficulty working comfortably with others?

Are parents still living? How would you describe your relationship with them?

Describe your most important social relationships

What do you do for relaxation and pleasure?

Any significant losses, changes, or events ?

What problems or patterns do you see repeating in your life?

What is the greatest source of stress in your life at this moment?

Are there any other comments or details that you think would be important to share with me?